







DILUTION GUIDELINES

for Essential Oils

- ✚ These values are approximate and have been rounded to whole drops.
- ✚ For blends, numbers represent total number of all oils combined.
- ✚ A drop is not a precise measure, and drop size varies with viscosity of oil and dropper type.
- ✚ Does not imply that all these dilutions are safe for all essential oils in all situations.

DILUTION %	5%	15	22	30	45	75	90
	4%	12	18	24	36	60	72
	3%	9	13	18	27	45	54
	2%	6	9	12	18	30	36
	1%	3	4	6	9	15	18
	0.5%	1	2	3	4	7	8
							

VOLUME OF CARRIER OIL